**24 HOUR FLUID INTAKE AND OUTPUT CHART**

**Record targeted intake:\_\_\_\_\_\_\_\_\_\_\_\_mls/24 hours**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Time** | **Fluid Type** | **Amount** | **Comments**  **(e.g.: declined, action taken)** | **Output**  **(urine, catheter, pad, vomit)** | **Staff name and signature** |
| **00:01** |  |  |  |  |  |
| **01:00** |  |  |  |  |  |
| **02:00** |  |  |  |  |  |
| **03:00** |  |  |  |  |  |
| **04:00** |  |  |  |  |  |
| **05:00** |  |  |  |  |  |
| **06:00** |  |  |  |  |  |
| **07:00** |  |  |  |  |  |
| **08:00** |  |  |  |  |  |
| **09:00** |  |  |  |  |  |
| **10:00** |  |  |  |  |  |
| **11:00** |  |  |  |  |  |
| **12:00** |  |  |  |  |  |
| **13:00** |  |  |  |  |  |
| **14:00** |  |  |  |  |  |
| **15:00** |  |  |  |  |  |
| **16:00** |  |  |  |  |  |
| **17:00** |  |  |  |  |  |
| **18:00** |  |  |  |  |  |
| **19:00** |  |  |  |  |  |
| **20:00** |  |  |  |  |  |
| **21:00** |  |  |  |  |  |
| **22:00** |  |  |  |  |  |
| **23:00** |  |  |  |  |  |
| **24:00** |  |  |  |  |  |
| **TOTAL** |  |  |  |  |  |

Standard cup=180mls, Small glass=100mls, Beaker=200mls

Catheter bag=record urine in mls. Urine in pads to be estimated =Small+,Medium ++, Large +++

If urine passed in toilet and has not been measured =PU